



# Renal Diet Transition Planner

Switching foods slowly, the way that actually sticks

PETSLIKEMINE  
CHRONIC KIDNEY DISEASE

PET NAME	OLD FOOD	NEW RENAL DIET	START DATE
_____	_____	_____	_____

The renal diet is the single change with the strongest evidence behind it, and the most common reason it fails is a switch made too fast in a pet who is already feeling off colour. The plan below paces the change and gives you somewhere to record what worked.

## BEFORE YOU START

*Only transition a pet who is eating and stable. Never withhold food to force a switch in a pet with kidney disease. If appetite is poor, the nausea needs treating first, so speak to your vet before you begin.*

## THE TRANSITION SCHEDULE

A typical pace is shown below. Go slower if you need to. Cats and fussy eaters often do better over a longer window of two to four weeks. This is a guide, not a rule.

DAY	OLD FOOD	NEW RENAL DIET	EATEN WELL?	NOTES
Days 1-2	75% old	25% new	<input type="checkbox"/>	_____
Days 3-4	50% old	50% new	<input type="checkbox"/>	_____
Days 5-6	25% old	75% new	<input type="checkbox"/>	_____
Days 7+	0% old	100% new	<input type="checkbox"/>	_____

*The percentages above are a typical guide. A gradual swap like this suits most pets; your vet may suggest a slower pace for a fussy eater.*

*Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.*

**How to use.** Fill one row a day. Tick the box if the meal went down well. If it did not, stay on the same ratio an extra day or two rather than pushing on.

**BRING THIS WITH YOU TO YOUR NEXT VET APPOINTMENT**



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Winning round a fussy eater · page 2

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## IF THEY TURN THEIR NOSE UP

### TRICKS THAT OFTEN HELP

- Warm wet food gently to around body temperature to lift the aroma.
- Hand-feed a little to get them started, then leave them to it.
- Keep food well away from where you give any medicines.
- Offer the wet version of the renal diet as well as the dry.
- Try a different texture or brand of renal diet if one is refused.
- Add only a topper your vet approves. Avoid high-phosphate add-ons such as cheese, milk, liver or other organ meats.

## UK RENAL DIET FORMATS TO ASK ABOUT

A quick reference so that, if your pet refuses one option, you can ask your vet about another. Listed for information only, with no endorsement.

DIET FAMILY	FORMATS	TRIED IT?	WHAT THEY MADE OF IT
Hill's k/d	Dry · wet · several textures	<input type="checkbox"/> tried	_____
Royal Canin Renal	Dry · wet · "Select" range for fussy eaters	<input type="checkbox"/> tried	_____
Purina Pro Plan NF	Dry · wet	<input type="checkbox"/> tried	_____
Specific Kidney Support	Dry · wet	<input type="checkbox"/> tried	_____

## WHAT FINALLY WORKED

### NOTES FOR NEXT TIME

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**How to use.** Bring this with you so your vet can see how the switch is going and suggest the next step if a particular food is being refused.

**BRING THIS WITH YOU TO YOUR NEXT VET APPOINTMENT**