



Taking Stock Together

A gentle quality-of-life reflection in kidney disease

PETSLIKEMINE
CHRONIC KIDNEY DISEASE

This is a calm way to take stock of how your pet is doing across the things that matter most in kidney disease. There are no right answers and no score to be afraid of. It is something to return to over time and to share honestly with your vet.

HOW ARE THINGS, ACROSS THE DAY TO DAY

For each one, mark roughly where things are at the moment and add a line if you want to. Revisit it weekly. The pattern over time tells you more than any single day.

HOW THEY ARE	ROUGH SENSE OF IT	A LINE, IF YOU WANT ONE
Hydration and not feeling sick Settled tummy, not nauseous	① ② ③ ④ ⑤	_____
Appetite and enjoying food Interested in meals	① ② ③ ④ ⑤	_____
Energy and interest in normal things Engaged with the day	① ② ③ ④ ⑤	_____
Comfort, free from pain or nausea Comfortable and at ease	① ② ③ ④ ⑤	_____
Toileting and staying clean Managing comfortably	① ② ③ ④ ⑤	_____
Mobility Moving about happily	① ② ③ ④ ⑤	_____

A rough sense only: 1 = a hard area just now · 5 = doing well here. This is for reflection, not a pass or fail mark.

MORE GOOD DAYS THAN HARD ONES?

Often the truest question of all. Many families find this the anchor they come back to.

Mostly good days About even More hard days lately

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. There is no number on this sheet that decides anything. It is here to help you notice gently, and to talk it through with someone who knows your pet.

BRING THIS TO YOUR VET WHEN YOU WANT TO TALK IT THROUGH



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Good days, hard days, and talking to your vet · page 2

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WHAT A GOOD DAY LOOKS LIKE NOW

IN YOUR OWN WORDS

Describing it can be steady, and it gives you something real to measure the weeks against.

AND A HARDER DAY

IN YOUR OWN WORDS

TALKING TO YOUR VET

THINGS YOU MIGHT ASK

Take your time. None of this is rushed.

- Bring this sheet and talk through what you have noticed.
- Ask what you might expect in the weeks ahead.
- Ask about every option for keeping your pet comfortable.
- And, when the time feels near, ask gently what a peaceful goodbye looks like, so that nothing has to be faced unprepared.

Whatever the days are holding right now, paying this kind of attention is an act of love. You know your pet better than anyone, and you do not have to work any of it out alone.

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How to use. Come back to these pages whenever you need to. Your vet is there to help you read them, and to walk through whatever comes next alongside you.

YOU ARE NOT ALONE IN THIS