



Addison's Crisis Warning Card

Know the emergency, and act fast

PETSLIKEMINE
HORMONE HEALTH

| PET NAME | MEDICINES | VET PRACTICE | OUT-OF-HOURS |
|----------|-----------|--------------|--------------|
| _____ | _____ | _____ | _____ |

Addison's disease (an underactive adrenal gland) is very manageable day to day, but a crisis is a genuine emergency. It often comes on at times of stress, and it can look vague at first, so knowing the signs is what keeps your pet safe.

THE SIGNS OF A CRISIS

- Sudden weakness, wobbliness or collapse
- Vomiting and diarrhoea, sometimes with blood
- Off food, very quiet, hiding away
- Shaking, shivering, or cold
- Often triggered by stress: travel, kennels, another illness

THIS IS AN EMERGENCY, GO TO THE VET NOW

If you see these signs, especially a collapse or repeated vomiting, phone your vet or the out-of-hours service and go straight in. Say the words "known Addison's, possible crisis". Take this card and the medicines. A crisis is treatable, and treated quickly the outlook is good.

PREVENTING ONE

Never miss the replacement medicine, order repeats well before you run out, and ask your vet whether your pet needs an extra steroid dose to cover stressful events like travel, boarding, illness or an operation.

KEEP TO HAND

Day practice: [phone] . Out-of-hours: [phone] . Medicines and last doses: [write in] .

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. Fill in the numbers and medicines now, and keep this somewhere everyone can find it. In a crisis, do not wait and watch; phone and go.

A CRISIS IS AN EMERGENCY, GO NOW