



Faecal Score Chart & Stool Diary

PETSLIKEMINE
DIGESTIVE HEALTH

Score the stool 1 to 7, and track the trend toward the middle

PET NAME _____	WHAT WE ARE TRYING _____	START DATE _____
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"A bit better" is hard to act on; a score is not. Rating the stool 1 to 7 turns a vague sense into a line you and your vet can both read across a flare or a diet change. A well-formed 2 to 3 is the target; both ends are off.

SCORE	WHAT IT LOOKS LIKE	WHAT IT MEANS
1	Hard, dry separate pellets	Constipated. Too firm, often too little water or fibre.
2	Firm but segmented, like a caterpillar	On the firm side of normal.
3	Log-shaped, moist, holds its form when picked up	The ideal. Aim here.
4	Very moist, still a clear log	Upper edge of normal, watch it.
5	Very moist, piles rather than holds shape	Too soft. Mild upset.
6	Mushy, no real shape, texture still there	Diarrhoea.
7	Watery, flat puddle, no texture	Watery diarrhoea. Watch hydration.

STOOL DIARY

DATE	SCORE 1-7	BLOOD / MUCUS?	HOW OFTEN	FOOD / NOTES
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

A streak of fresh blood or jelly-like mucus on an otherwise settled stool is worth a mention; a lot of blood, or a pet who is unwell with it, is a call now.

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. Score each day and note any blood, mucus or change in frequency. Bring the trend to your vet; the move toward a steady 2 to 3 is the proof a plan is working.

AIM FOR A STEADY 2 TO 3