



# Newly Diagnosed: Routine & Questions

PETSLIKEMINE  
DIABETES

The first weeks with a diabetic pet, made manageable

PET NAME	DIAGNOSED (DATE)	INSULIN	FIRST RECHECK
_____	_____	_____	_____

A diabetes diagnosis feels overwhelming on day one and becomes routine within a few weeks. The whole game is consistency: the same insulin, food and rhythm each day, so the dose your vet sets has a steady picture to work against.

## THE DAILY RHYTHM

- Insulin and meals at the same times each day, as your vet has set
- Consistent, gentle exercise, big unusual exertion can drop the sugar
- The same food, in the same amount, at each meal (no surprise treats)
- One person in charge of each injection, or a shared chart, so none is missed or doubled

## WATCH FOR AT HOME

- Drinking and weeing: settling down is a good sign, climbing again is not
- Energy and brightness day to day
- Appetite and weight over the weeks
- The hypo signs (see the emergency card), and keep sugar to hand

## QUESTIONS WORTH ASKING YOUR VET

What does a good day look like for my pet? When and how often should we recheck or run a curve? What are the early signs the dose needs reviewing? (For cats, ask about the chance of remission with early, tight control.)

## THEIR ANSWERS

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*Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.*

**How to use.** Keep the routine boringly consistent and write down the recheck plan. Most owners find their feet within a fortnight; ask your vet anything, that is what they are for.

**CONSISTENCY IS THE WHOLE GAME**