



Insulin Handling & Injection Checklist

PETSLIKEMINE
DIABETES

Store it right, draw it up right, give it right

PET NAME	INSULIN	SYRINGE TYPE (U-40 / U-100)	STORE BY (DATE OPENED)
_____	_____	_____	_____

Most diabetes wobbles come down to the small handling details, not the dog. Get the storage, the right syringe and the technique consistent, and the dose your vet sets actually does what it should.

STORING IT

- Kept in the fridge, never frozen, away from the door where it is warmest
- Replaced when your vet advises after opening: date opened **[write in]**
- Mixed gently (roll between the palms or invert), never shaken into a froth
- Checked it looks right (most are clear or evenly cloudy, not clumped or discoloured)

THE SYRINGE MUST MATCH THE INSULIN

U-40 insulin needs a U-40 syringe; U-100 insulin needs a U-100 syringe. Mixing them up gives the wrong amount and is a common, serious error. Check the box and the syringe match every time you restock.

DRAWING UP AND INJECTING

- Right syringe for the insulin, dialled to the exact dose your vet set
- No big air bubbles (tap them up and out before injecting)
- Tent the skin at the scruff or side, inject into the little tent
- Rotate the site each time so one spot does not get sore or scarred
- Watch them eat afterwards, so you know the meal went in with the insulin

THE GOLDEN SAFETY RULE: NEVER DOUBLE UP

If you think the injection missed, came out, or you are not sure it went in, do NOT give another dose to make up for it. A missed dose is far safer than a double dose. Skip it, feed as normal, and ring your vet for advice. If in doubt, give less, never more.

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. Tick this off for the first week or two until it is second nature. The syringe match and the never-double-up rule are the two that matter most.

IF IN DOUBT, GIVE LESS, NEVER MORE