



Low Blood Sugar Emergency Card

PETSLIKEMINE
DIABETES

Know the signs of a hypo, and exactly what to do

PET NAME	INSULIN	USUAL DOSE	VET / OUT-OF-HOURS
_____	_____	_____	_____

A hypo (blood sugar dropping too low) is the one diabetes emergency every owner should know cold. It can come on fast, usually after too much insulin, a missed or small meal, or more exercise than usual. Learn the signs and keep honey or glucose syrup where you can grab it.

THE SIGNS OF A HYPO

- Wobbly, weak or unsteady on their feet
- Hungry, restless or trembling
- In a bad hypo: collapse, fitting or unconsciousness
- Dazed, quiet, glazed or not quite with you
- Stumbling, disorientation, or sudden odd behaviour

WHAT TO DO, IN ORDER

- 1 If they can swallow:** rub honey or glucose syrup onto the gums, then offer their normal food. Improvement should come within minutes.
- 2 If they are very dazed, fitting or unconscious:** do NOT pour anything into the mouth (choking risk). Rub honey or syrup onto the gums only, and go straight to step 3.
- 3 Phone the vet now** and head in. Take this card and your insulin. Tell them when the last dose and meal were.

IF IN DOUBT, TREAT IT AS A HYPO

A hypo is dangerous; a single sugary mouthful when it was not needed is not. If your diabetic pet is suddenly wobbly, weak or not themselves, give the sugar and call the vet. Never give more insulin to a pet that seems unwell.

KEEP READY

Honey or glucose syrup in the house and in the car. Their insulin: **[name]**, usual dose **[units]**. Vet: **[day phone]**. Out-of-hours: **[phone]**.

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. Fill in the insulin and numbers now, while it is calm, and keep this where the family can find it. In a hypo, sugar first, then the phone.

SUGAR FIRST, THEN PHONE THE VET