



# CKD Home Tracker

A weekly record of the signs that matter · one page per week

**PETSLIKEMINE**  
CHRONIC KIDNEY DISEASE

<b>PET NAME</b> _____	<b>WEEK BEGINNING</b> _____	<b>CURRENT TREATMENTS</b> _____
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### WHAT TO WATCH THIS WEEK

Write the three or four things you most want to keep an eye on this week (for example, drinking from the tap, leaving food after a few bites, energy on the morning walk).

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### DAILY RECORD

DAY / DATE	APPETITE	WATER	VOMIT / NAUSEA	TOILET	ENERGY & MOOD	WEIGHT
<b>Mon</b> _____	① ② ③ ④ ⑤	_____	_____	_____	① ② ③ ④ ⑤	_____
<b>Tue</b> _____	① ② ③ ④ ⑤	_____	_____	_____	① ② ③ ④ ⑤	_____
<b>Wed</b> _____	① ② ③ ④ ⑤	_____	_____	_____	① ② ③ ④ ⑤	_____
<b>Thu</b> _____	① ② ③ ④ ⑤	_____	_____	_____	① ② ③ ④ ⑤	_____
<b>Fri</b> _____	① ② ③ ④ ⑤	_____	_____	_____	① ② ③ ④ ⑤	_____
<b>Sat</b> _____	① ② ③ ④ ⑤	_____	_____	_____	① ② ③ ④ ⑤	_____
<b>Sun</b> _____	① ② ③ ④ ⑤	_____	_____	_____	① ② ③ ④ ⑤	_____

Appetite & energy scale: 0 = refused / none · 5 = ate eagerly / bright and normal. For water, jot ml, cups, or simply low / normal / high. The trend across the week matters more than any single figure.

#### THIS WEEK IN A SENTENCE

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#### COMPARED TO LAST WEEK

Better  Same  Worse

### RED FLAGS: RING THE VET

- Not eaten at all for 24 hours.
- Repeated vomiting.
- Very weak, wobbly or collapsed.
- Straining to urinate, or passing no urine.
- Sudden loss of vision.

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

**How to use.** Fill in one row a day. Print a fresh sheet each week. Logging the same signs on the platform check-in graphs the trend for you automatically.

**BRING THIS WITH YOU TO YOUR NEXT VET APPOINTMENT**