



Calming a Chronic Cough at Home

PETSLIKEMINE
BREATHING & AIRWAYS

The daily things that genuinely settle a long-term cough

PET NAME _____	CONDITION _____	VET PRACTICE _____
-------------------	--------------------	-----------------------

A long-term cough, from a collapsing windpipe or chronic bronchitis, is rarely cured but is very manageable. A few daily changes genuinely cut the coughing. The aim is fewer, milder coughs and a comfortable, active pet.

THE BIG DAILY LEVERS

- A harness, never a collar: a collar presses straight on the soft windpipe
- Keep them lean: excess weight is the single biggest driver of the cough
- Avoid heat, humidity and over-excitement, the common triggers
- Cut smoke, vaping, sprays, air fresheners, strong scents and dust
- Gentle exercise in the cool of the day, not long or strenuous
- Give any medication on time, every day

WHEN THE COUGH FLARES

- Keep calm and cool, and reduce excitement
- Follow the flare plan your vet has given you
- Note what set it off, so you learn the pattern

GO TO THE VET NOW IF YOU SEE

Blue or grey gums; severe or open-mouth breathing effort; a pet that cannot settle or lie down; collapse; a honking dog that cannot catch its breath between coughs.

COUGH LOG

DATE	HOW OFTEN TODAY	WHAT SET IT OFF	NOTES
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. Switch to a harness, get the weight off, and keep the air clean and the days calm. Bring the cough log to your rechecks so your vet can see the trend.

HARNESSTHESS NOT COLLAR, AND KEEP THEM LEAN