



Living With a Breathing Condition

The daily playbook: five small changes that help almost any breathing-compromised pet

PETSLIKEMINE
BREATHING & AIRWAYS

PET NAME	CONDITION	VET PRACTICE
_____	_____	_____

Whatever the exact diagnosis, a few daily levers help almost every pet with a breathing condition, and small changes add up to easier breathing and a better life.

THE FIVE DAILY LEVERS

- Weight: keep them lean, the single biggest thing you control
- Keep cool and calm; pace exercise to the cool of the day
- Track the breathing: the resting rate, plus any attacks or coughs
- A harness, not a collar, to take pressure off the windpipe
- Clean air: cut smoke, sprays, scents, dust and humidity extremes

KNOW YOUR PET'S EMERGENCY SIGNS

An open-mouth-breathing cat; blue or grey gums; severe effort; a pet that cannot settle; collapse. Any of these means a vet now.

A SIMPLE DAILY CHECK

- Breathing easy and quiet at rest?
- Coping with gentle exercise?
- Medication given?
- Bright, eating and drinking?
- Any new cough, noise or extra effort?

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. Lean weight, a harness, cool calm air and a daily glance at the breathing carry most pets a long way. Know the emergency signs by heart.

SMALL CHANGES, EASIER BREATHING