



Bloodwork Trend Sheet

Your pet's kidney numbers, tracked over time

PETSLIKEMINE
CHRONIC KIDNEY DISEASE

PET NAME _____	SPECIES <input type="checkbox"/> Cat <input type="checkbox"/> Dog	LAB UNITS _____
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A single result is a snapshot. Kidney disease is about the direction of travel, so the most useful thing you can do is keep the numbers side by side. Write the date at the top of each column and add the values as you get them.

THE TREND

MARKER	TYPICAL REFERENCE / IRIS CONTEXT	_____	_____	_____	_____	_____	_____
Creatinine	umol/L (and mg/dL). Stage context comes from the IRIS tool; best read with your vet rather than a one-off value.	_____	_____	_____	_____	_____	_____
SDMA	ug/dL. A commonly used upper reference is around 14.	_____	_____	_____	_____	_____	_____
Phosphate	mmol/L (and mg/dL). A stage-based treatment target, a little more permissive as the disease advances: kept under about 1.5, 1.6 and 1.9 in stages 2, 3 and 4.	_____	_____	_____	_____	_____	_____
Urea / BUN	mmol/L (and mg/dL). Sensitive to diet and hydration; read against your own laboratory's range.	_____	_____	_____	_____	_____	_____
Potassium	mmol/L. Both low and high matter in kidney disease; commonly around 3.5–5.5.	_____	_____	_____	_____	_____	_____
PCV / Haematocrit	%. A falling value points to the anaemia of kidney disease; your laboratory will show the normal range.	_____	_____	_____	_____	_____	_____
UPC (urine protein)	Dog <0.2 / 0.2–0.5 / >0.5. Cat <0.2 / 0.2–0.4 / >0.4.	_____	_____	_____	_____	_____	_____
Systolic BP	mmHg. <140 / 140–159 / 160–179 / ≥180.	_____	_____	_____	_____	_____	_____

READING YOUR TREND

Steady, or slowly rising over months, is common. A sharp jump is sometimes dehydration or an unrelated illness rather than the kidneys themselves. Always read the numbers together with your vet, never a single result on its own.

Written and reviewed by Dr Alastair Greenway MRCVS and Claire Greenway BVM&S MRCVS. This sheet explains and records. It does not diagnose or prescribe. Always follow your own vet's instructions.

How to use. One column per visit. Bring your last results to every recheck so the new numbers go straight into the trend. Reference ranges vary by laboratory.

BRING THIS WITH YOU TO YOUR NEXT VET APPOINTMENT